

TRAINING:

khamsil@gmail.com

City Academy, London **Mentoring Programme 2022/2023** with actor and playwright Deobia Oparei

Guildhall School of Music and Drama Oualifications:

Oral Communication Theory of Music Pianoforte

BSc (Hons) Psychology MA Philosophy Currently developing a PhD proposal on 'Art and Fashion'

ITV Daytime ('This Morning') BBC News ('Look North', Yorkshire):

Work Placement

CREDITS: Documentary

Beauty: Back to Basics (Research into ingredients

in skin/hair care and makeup products)

Corporate

Having a Baby/Introdisk

Educational

Online Educational Course: Alcohol Awareness Online Educational Course: Rights/Responsibilities

Hospital Radio

Trailer

Social Media and Theatre Windrush: Movement of the People/ **Phoenix Dance Theatre (2018 tour promo)**

Television Skv TV

'Memory Lane 80s Show'/Spotlight TV (Sky Channel 365)

BBC 3

'What's On' Show/Sheffield Live TV

Drop Dead Gorgeous (BBC)/Hat Trick North Green (BBC)/ITV Granada Stay Close (Netflix)/Red Production Company Emmerdale/ITV Yorkshire The Chase (BBC)/Rollem Productions The Bad Mother's Handbook/Television Ruby Ltd. Life on Mars (BBC)/Kudos Film Television Ltd. Bodies (BBC)/Hat Trick Productions

Location: Leeds, London; UK

Height: 5'5" Weight: 8st. Hair Colour: Black Eye Colour: Brown **Bust: 33"** Waist: 26" **Hips:** 37"

Dress: 8 UK Shoes: 6 UK Inside Leg: 32"

Jonathan Staples

Ben Davies

Ben Davies

Ryan Iredale

Robert Nevitt

Presenter Myself

Presenter

Presenter

Presenter

Presenter (Music & Topical Chat)

Presenter: World premiere vox pops/ interviews (incl. Sharon Watson, Artistic Director/Choreographer)

Presenter/Producer: Music and links for **Phil Mack**

a weekly 80s music TV show **Presenter/Producer (Arts/Entertainment):** Celebrity interviews and features e.g.

Jason Donovan, The Overtones, Chanel/Westwood fashion exhibition

Parisian Lady Dermot Boyd Bar Tender Alex Hardcastle Girlfriend Daniel O'Hara Nurse Mike Adams Nurse Juliet May Robin Sheppard **Shop Assistant** Asian Lady Richard Clark Medical Student Iain MacDonald Feature Film Liz/Lead Role Daniel Austin Cricket/Austin Brothers Films **Short Film** Greg in Love/Ernst Klett Publishing Ashna Oliver Frohnauer Music Video Blood on my Hands/FTSE High Fashion Model Luke Bather S.U.G.A.R/Mint(Independent Music) Lead Role Zak Rashid Commercial TV Ident/Karmarama Matt Carter Policewoman **Still Photography** The Hall's Landing Boutique Nisha M Clutton Model Love the Lot Boutique Model Tom Kahler Selfridges Model Stefan Zschernitz The Scottish Sun Radio (Video and Stills) Model (lips/teeth) Oliver Kember Neil Webster Photography/Fashion Model Neil Webster PhotographybyGS/Fashion Model Gordon Scott i-D Magazine Submission Model Catherine Morgan Fogg Associates Model Jonathan Oakes Commercial Clients (Various) Model Paul Moffat Simon Hylton Emis Healthcare Model (yoga) Anna Miller Hugh Davis Massage Therapy Model Creative Race Hand Model Simon Stevenson Hangar Seven Model Matthew Griffiths Jaywing; Sparks/Capita (Video and Stills) Model Nick Eagle Michon Creative Model Rob Smalley **GMC** Model Eric Howard Thompson Model Johnny Burrell Direct Colour International James Brown Model Ruth Hancox Makeup Model Simon Harding School of Makeup, Stockport Model Anton Meller Stock Images Model Monty Rakusen **Fashion Show**

Love the Lot Boutique (in aid of Marie Curie Model Amelia Tordoff

Cancer Care):

French and Italian designs e.g. Ella Luna,

Ottodame, Edward Achour, Twin Set

Ecoluxe London: Model Stamo Ampatielos

Ecological and sustainable luxury fashion

e.g. Tammam bridal couture

SKILLS:

Autocue, Voice Over, ADR-Additional Dialogue Recording

Film/TV/Radio/Online (Various e.g. Sheffield Live TV, BBC 3, BBC Radio Leeds, Chameleon Television) Producer, Development Producer (incl. an arts series), Researcher, Filmmaker

Tutor of Psychology, Maths, English; PA

(Research Publication: 'A randomized trial to assess incremental benefits of Cognitive Analytic Therapy over standard care within Community Mental Health Teams in the treatment of severe personality disorder: A feasibility study')

IT Literate

English, French, Telegu

Cycling, Yoga

Piano, Viola LINKS:

Car Driving Licence Personal Website: www.1lakshmi1.wordpress.com

(Member of Mensa) www.imdb.com/name/nm3177884